

Alcohol

- Campus partners collaborated to provide safe, substance-free alternatives and transportation options for students on St. Patrick's Day
- Pursuing grant funding to provide Summer C (June/July) activities and programs
- Developing a new platform to house Smart Choices and increase user friendliness and efficiency
- Coordinating the implementation of AlcoholEdu for incoming Summer C students
- Consolidating current campus data collection on high risk drinking behaviors, underage drinking violations and other data points and centralizing it in Compliance Assist, a data repository

Eating Disorders

- The Body Project continues to thrive at FSU with more than 25 trained peer leaders and over 200 student participants since its inception last summer
- Nearly 1000 students completed the survey for the Healthy Bodies Study (HBS) this semester. This data will help us understand students' relationships with eating, dieting, exercising, and body image and how these impact student well-being
- The social media campaign promoting positive body image as part of National Eating Disorders Awareness (NEDA) week at FSU (February) gained national attention as students posted positive messages on post-it notes throughout campus. In addition, student organizations along with several campus departments hosted a Love Your Body Day event featuring positive self-image and body acceptance activities

Mental Health

- Completed a video for International students currently used in Orientation addressing mental health concerns and identifying resources for students
- Submitted a Substance Abuse and Mental Health Services Administration (SAMHSA) grant to provide suicide prevention training and resources to students, faculty and staff proposal under Dr. Martin Swanbrow Becker's leadership.
- Collaborated with the student organization, National Alliance on Mental Illness (NAMI) to present the ALIVE! Mental Health Fair.
- Collaborated with the University Counseling Center to host the "Be Happy!" event which promoted resilience among students



The 2015 Tomachopped Champions

Physical Health

- Coordinated the "NOLE your Health featuring Tomachopped" event to showcase the Healthy Campus 2020 teams' achievements and engage students in efforts to create a health-centered campus

Physical Health, Cont.

- Seeking national recognition from the Partnership for Healthier America (PHA), Healthier Campus Initiative as a campus that supports student wellness. FSU has met the nutrition, physical activity, and programming guidelines set forth by PHA to become a Partner for Healthier America
- Conducted an environmental sleep scan at FSU and identified key objectives to help ensure that our environment is conducive to good sleep. Team will provide education to students on the importance of adequate sleep; inquire about sleep concerns during clinic visits and encourage faculty to have earlier academic online deadlines

Sexual Health

- Coordinated a sexual health training with the national non-profit, Advocates for Youth
- Received the Female Condom mini grant and was accepted to be a Great American Condom Campaign Safe Site for the 2nd year in a row
- Established 9 additional locations within the SLC, Union, and Libraries for free condom distribution (will implement this Summer)
- Increased membership within the committee - notably student representation
- Completed the 2nd installment of the 'Real Talk Real Sex' series: "50 Shades of Noles" addressing the potentially harmful aspects of the film and book that included unclear mutual consent



Advocates for Youth GACC Training

Sexual Violence Prevention Taskforce

- Facilitated sexual violence prevention Campus Conversations to more than 1200 students
- Developing a campus-wide 3-tiered Coordinated Community Response Team (CCRT) to address sexual violence. The three teams, Sexual Assault Response Team (SART), Advisory Team, and Prevention Team each have specific objectives and inform each other to ensure a community of care at FSU
- Over 40 staff participated in a 4-day Green Dot Bystander Intervention training in preparation for the campus-wide implementation to prevent sexual violence
- More than 500 first year and new transfer students completed Think About It, an interactive online sexual violence prevention course, this semester (over 5000 to date)



Men Advocating Responsible Conduct (M.A.R.C.)

Tobacco & Other Drugs

- Hookah bars and tobacco establishments will be disallowed from inclusion in future FSU Milestone publications
- Focus groups on stimulant medication use was conducted in conjunction with College of Social Work
- A cigarette butt clean-up was conducted by Campus Recreation student volunteers in partnership with UHS, Alpha Phi Omega, and other RSOs
- The Tobacco-free FSU logo was recreated as a "Living Logo" at Relay for Life in April. Over 182 students participated.
- On-line Tobacco reporting system is live and available at tobaccofree.fsu.edu